

SCHEME AND SYLLABUS OF EXAMINATION FOR THE PURPOSE OF FILLING UP THE POST OF DIETICIAN UNDER HEALTH CARE, HUMAN SERVICES AND FAMILY WELFARE DEPARTMENT.

The Examination will consists of 4 papers:-

PAPERS	SUBJECT	FULL MARKS	TIME ALLOWED
PAPER – I	GENERAL ENGLISH	50 (FIFTY)	Total Time : 1 HOUR
PAPER - II	GENERAL KNOWLEDGE	50 (FIFTY)	1 HOUR
PAPER - III	OPTIONAL SUBJECT	300 (THREE HUNDRED)	3 HOURS
VIVA- VOCE/PERSONALITY	50 Marks		

SYLLABUS:

PAPER – I : GENERAL ENGLISH (Written) - 50 Marks

(a) Composition comprehension and Grammar of Class XII Standard.

PAPER – II : GENERAL KNOWLEDGE - 50 Marks

(a) Current events of State, National & International importance.

(b) National level Schemes & Projects undertaken by Government of India in Health Sector.

PAPER – III : MAIN SUBJECT (Written) - 300 Marks

1. **INTRODUCTION TO FOOD AND NUTRITION**
Food, vitamins and its functions, deficiency diseases.
2. **MEAL MANAGEMENT.**
Balanced diet chart for all age group
3. **HUMAN DEVELOPMENT**
Developmental growth from childhood to adulthood.
4. **PHYSIOLOGY OF HUMAN BODY.**
Brain, heart, digestive system, kidney, liver, blood etc.
5. **APPLIED NUTRITION**
Nutrients and its functions
6. **INTRODUCTION TO DIET THERAPY**
Therapeutic diets, types and preparations

7. PATHOPHYSIOLOGY OF DISEASES

Artherosclerosis, diabetes mellitus, cirrhosis of liver, hypertension, glomerular nephritis, gout, peptic ulcers, cancer, obesity, GI diseases, cardio vascular diseases etc.

8. RDA CALCULATIONS

Recommended dietary allowances during various diseases and its calculations

9. DIETARY MANAGEMENT OF DIFFERENT DISEASES

List of different foods allowed and not allowed during different diseases and its management

10. FOOD ALLERGY AND ADULTERATIONS

Different types of food allergies and its adulterations.

The Question will be of multiple choice, objective type in Paper – II & III

VIVA – VOCE /PERSONALITY TEST

- 50 Marks

The test is intended to judge the mental caliber of candidate. In broad terms this is an assessment of not only his intellectual qualities but also social traits and his interest in current affairs, mental alertness, critical powers of assimilation, care and logical exposition, balance of judgment, variety and depth of interest.

NOTIFICATION

Rules for open competitive Examination to be conducted by the Sikkim Public Service Commission in 2012 for selection of candidates for appointment to the post of Dietician in the Health Care, Human Services and Family Welfare Department is published for general information.

1. The number of vacancies to be filled up after the Examination will be specified in the Notice to be issued by the Sikkim Public Service Commission.
2. The Examination will be conducted by the Sikkim Public Service Commission according to syllabus and procedure as indicated in the Appendix I to these Rules.
3. The date and place of Examination will be fixed by the Sikkim Public Service Commission.
4. Candidate must write the answers in his/her own hand. Under no circumstance will he/she be allowed the help of a scribe to write the answers.
5. A candidate must pay fees as may be prescribed by the Commission.
6. The decision of the Commission as to the eligibility of a candidate for admission to the examination shall be final. Their admission at all the stages of examination for which they are admitted by the Commission viz: Preliminary Examination, main (Written) Examination and Interview Test will be purely provisional, subject to their satisfying the prescribed eligibility conditions. If on verification at any time before or after the Preliminary Examination, Main (Written) Examination and Interview Test, it is found that they do not fulfill any of the eligibility conditions, their candidature for the examination will be cancelled by the Commission.
7. No candidate will be admitted to the examination unless he/she holds a certificate of admission issued by the Commission. Their admission to all the stages of the Examination will be purely PROVISIONAL subject to satisfying the prescribed eligibility test. Mere issue of admission certificate to the candidate will not imply that his/her candidatures has been finally cleared by the Commission.
8. A Candidate who is or has been declared by the Commission to be guilty or any attempt on his part to obtain support for his Candidature by any means shall render him liable to be disqualified for admission to the competitive examination.
9. (a). Mobile phones, Pagers or any other communication devices are not allowed inside the premises where the examination is being conducted. Any infringement of these instructions shall entail disciplinary action including ban from future examinations.
(b). Candidates are advised in their own interest not to bring any of the banned items including mobile phones/pagers to the venue of the examination, as arrangement for safe keeping cannot be assured.
(c). Candidates are advised not to bring any valuable/costly items to the examination halls, as safe keeping of the same cannot be assured. Commission will not be responsible for nay loss in this regard.
10. The Commission shall have the discretion to fix the qualifying marks in any or all subjects in the written Examination.
11. A candidate, who obtains such minimum qualifying marks in the written examination, as may be fixed by the Commission, shall be called for personality test. In the personality test, there will be a minimum of 100 marks or as assigned by the Commission at their discretion.
12. The form and manner of announcement of results of the examinations shall be decided by the Commission. The Commission will not enter into any correspondence with any candidate regarding results.

13. After the examination and interview, the names of the successful candidates will be arranged by the Commission in the order of merit based on marks awarded to each candidate. Candidates shall be considered for appointment to the available vacancies in the order in which their names appear in the list.
14. A candidate who is or has been declared by the Commission guilty, of impersonation or of submitting false and fabricated documents which have been tampered with or of making statements which are incorrect or false or of suppressing material information or of attempting to use unfair means in the examination hall or otherwise, of resorting to any other irregular or improper means for obtaining admission to the examination hall may, in addition to rendering himself liable to criminal prosecution, be debarred-
 - (a) By the Commission permanently or for specified period for admission to any examination or for specified period for admission to any examination or appearance at any of the interviews held by the Commission for selection of candidates,
 - (b) By the State Government from any employment under them.
15. Candidates already in Government service or in government owned undertaking or similar organization, whether in permanent or temporary capacity or as work charged employee shall be, required to submit their application along with No objection Certificate of their employer.
16. Success in the examination confers no right to appointment unless Government is satisfied after such enquiry as may be considered necessary that a candidate having regard to his/her character and antecedents is suitable in all respects for appointment.
17. A candidate must be in good health and free from any physical defect likely to interfere with the discharge of his duties as an officer of the Service. A candidate who (after such medical examination as may be prescribed by the competent authority) is found not to satisfy these requirements will not be appointed.
18. If a candidate's handwriting is not legible, deduction may be made on this account from the total marks otherwise accruing to him/her.
19. No travelling and daily allowance will be paid for the journey performed in connection with the examination, interview and medical examination. All other matters not specified or for which no provision has been made in these rules shall be regulated by rules and orders applicable to the Service to which recruitments are being made.
20. The candidate must obtain the qualifying marks decided by Sikkim Public Service Commission in the written Exam.
21. The candidate on selection and during the period probation/apprenticeship/training pay shall be governed by the Notification No. 489/GEN/DOP dated the 31st October, 2011.

BY ORDER AND IN THE NAME OF GOVERNOR

ADDITIONAL SECRETARY
DEPARTMENT OF PERSONNEL, ADMINISTRATIVE REFORMS,
TRAINING AND PUBLIC GRIEVANCES

Copy for information to:-

1. Secretary, SPSC, - (10 copies)
2. File & Guard File

CONDITIONS OF ELIGIBILITY FOR APPEARING IN THE EXAMINATION

In order to be eligible to appear in the Competitive Examination, a candidate must satisfy the following conditions, namely:-

- a). Age: Should have attained the age of 21-30yrs. (In case of regular Govt. servant, not more than 40 years). but should not have attained the age of more than 30 years on the first day of the month of advertisement. The maximum age limit shall be relaxed upto 5 years in respect of candidates belonging to BL, SC & ST and 4 years for MBC candidates and 3 years for OBC candidates.
- b). Essential Qualification: B.Sc Degree from, a recognized University with Diploma in Dietetics from a recognized Institute.
- c). Other Requisites:
- i. Preference will be given to Sikkim government stipendaries/seat reserved for State of Sikkim.
 - ii. Candidates must be in possession of either Sikkim Subject Certificate or Identification Certificate issued by the competent authority under relevant orders of the State Government
 - iii. Local Employment Card holder.
 - iv. Should be conversant with the custom and usage of Sikkim.